

Regatta Responsibilities

By Ellen Beery, Norwalk Yacht Club

Instructor	Sailor	Parent
<ul style="list-style-type: none"> • Review NOR & SI with sailors before regatta. • Check boats for proper equipment with sailors and review what the sailor needs to bring, i.e., hat, water bottle, watch, etc. • Prepare coach boat for trip to regatta evening before. • Arrive at regatta venue by beginning of registration • Check in with sailors, check each boat for proper rigging, tuning • Attend skippers meeting with sailors; review any instruction changes, weather conditions, wind, tide, currents, and strategy. • Collect sailors lunches and water to go on coach boat. • Harbor start-escort boats to start line. • Observe sailors racing, take notes and give feedback to sailors between races. • At end of racing, escort sailors back to club, instruct sailors to derig, and set up debriefing time. • Debriefing-review regatta with sailors so they can get optimal learning from experience. • Attend award ceremony with sailors • Make sure all sailors have an adult that is taking over responsibility for them. • Return to club and put away coach boat. 	<ul style="list-style-type: none"> • Review NOR and SI at home before regatta, gather all necessary equipment, i.e., hat, sunglasses, PFD, watch, etc. • Assist parents loading boat on car and taking boat off car at regatta venue • Launch boat, find place to set up rigging • Register- know sail number and if member of class association • Rig boat, ask instructor to check rigging • Attend skipper's meeting- review with instructor and changes in sailing instructions, weather conditions, wind, tide currents, course start line, etc. • Give instructor lunches to take on coach boat • Check in with instructors between races- expect feedback • After racing, sail back to club, derig boat and prepare for transport home • Attend debriefing meeting with instructor, communicate with instructor re: departure plans • Attend award ceremony • Help parents return boat to club 	<ul style="list-style-type: none"> • Review NOR –does child need a lunch? What time does registration start? • Review with sailor their preparation for regatta, i.e., gathering of necessary equipment, reviewing SI • Pick up boat at club evening before (IT IS THE PARENTS RESPONSIBILITY TO TRANSPORT BOAT AND SAILOR TO AND FROM REGATTA) • On arrival at club, help sailor take boat off car, boat to launching area, and sails to rigging area • Make sure sailor registers- sailor must know sail number • FROM A DISTANCE, make sure sailor is preparing boat, communicating with instructor, lunch to instructor, attending skippers meeting • Now is a good time to chat with other parents, find out from registration what time sailors are expected off the water, gather the regatta tee shirt from your sailor so it is not lost, and generally hang around until harbor start. Come back when you expect them off the water • Help sailors get boat onto car • Stay for awards ceremony • Return boat to club