



## JSA MIDWINTER MEETING AGENDA

March 1st, 2014  
LARCHMONT YACHT CLUB

8:30 AM Registration and Continental breakfast  
9:00 AM Chair's Welcome & Introductions

### JSA BUSINESS

Chairman's Welcome – Tricia Leicht

Special JSA Awards – Tricia Leicht

Treasurer's report – Pedro Lorson

Executive director's report – Bob Whittredge

Update on board initiatives

- Training sessions for the 2014 season – Workshop Chairs
  - Event Management Workshop
  - All Instructor Workshop
  - Head Instructor Workshop
- Safe Powerboat Handling requirement for instructors in 2014

### PROGRAM SESSIONS

- 9:45-10:30 **Session 1 – Sailing Ethics**  
Evan Olmstead discusses the importance of ethical behavior in JSA sailing, the need to re-enforce these important fundamentals and the life-lessons learned.
- 10:30-11:15 **Session 2 – Seamanship, Navigation & Safety at Sea**  
Dick York & Tom Black describe how these core components of a successful junior big boat program can also be a valuable part your dinghy program.
- 11:15-12:00 **Session 3– Instructor Certification Requirements**  
Kevin Broome & Clemmie Everett review recent changes in the certification requirements for instructors, including the powerboat courses available in our area and Emergency Action Plan testing with Safety and Rescue.
- 12:00-12:30 **Session 4 – College Sailing & the Recruiting Process**  
Amy Gross-Kehoe shows how summer programs can incorporate sessions to help older teens build the skills necessary for college, and thereby keep them involved with junior sailing.
- 12:30 **Lunch**  
Introduction of Program Chairs
- 12:30 – 14:00 **Lunch Panel Discussion**  
Polly Kolotas & Alex Helfand will lead discussion during lunch about the benefits to be gained by sharing resources among clubs.

## BACKGROUND OF SPEAKERS

### **Evan Olmstead**

Connecticut College Sailing Team - fall 1999 to spring 2003. Crewed for Amanda Clark - Olympic 420 sailor. Newport to Bermuda Race - summer 2000. Sail Martha's Vineyard Instructor - summer 2001-2003, 2005. Marblehead to Halifax Race - 2005, 2009 aboard the J130 Cilista. Greenwich High School Head Coach - 2004 to 2010. Pequot Yacht Club Sailing Director - 2007 to present. Currently teaching 10th grade American History and 11th grade AP U.S. Government and Politics as well as AP Comparative Politics at Greenwich High School.

### **Dick York**

Dick York became serious about racing while crewing on one-designs and racing his winter dinghy at Larchmont Yacht Club in 1968. By 1971, he began crewing on Cruising/Racing boats. In 1974 he did his first Newport-Bermuda race and discovered he loved to be at sea! In 2000 Dick was able to stop working so that he could "do some serious sailing". He took possession of the J46 ARAGORN in March, and after a summer of shake-down cruises, he passaged the boat to the Windwards and Leewards for the winter. In the spring, Dick brought the boat back north and continued this pattern for three years, cruising on ARAGORN for a few months in the summer, and sailing her south for a winter cruise in the Islands. After three years, and itchy for further cruising grounds, he entered an around-the-world rally from October 2003 through May 2007. Since his return, Dick has focused on East Coast cruising from New York to Canada. He participates as a guest speaker on the topic of offshore passages and near-shore couples sailing, is a member of the Cruising Club of America Safety-at-Sea Committee, manages a training boat for Junior Safety-at-Sea sessions, as well as advancing safety-at-sea in his role as Fleet Captain at Larchmont Yacht Club.

### **Tom Black**

Graduated US Merchant Marine Academy at Kings Point, BS Nautical Science. USCG Unlimited Master's License. Sailed merchant vessels for 7 years. Currently the owner of General Maritime Corp involved with Global Oil Trading and tankers. Sailed dinghies recreationally as a youth. Currently sail 38' C&C out of Black Rock; long distance racing and coastal deliveries. Tom has been teaching Navigation for Jr. Big Boat Sailing at Black Rock YC for past five years and has been advisor for Dorade and Beach Point Overnight races for last four years. Tom is currently a member of the JSA Board.

### **Kevin Broome**

#### ***Sailing Director, American Yacht Club***

Kevin grew up in a sailing family racing in and around Cape Cod. Currently the Sailing Director at American Yacht Club in Rye, New York, Kevin works with a wide range of sailing talent and oversees the club's various sailing programs. He is passionate about the club's pursuit of creating lifelong sailors. Kevin has multiple active US Sailing certifications which he interweaves with his personal sailing and coaching experiences. His energy, fun-filled approach and passion for the sport inspires his sailors to bring their own sailing to the next level. Kevin is very involved with various facets of US Sailing and is currently on the US Sailing National Faculty, US Sailing Training Committee; he is an Instructor Trainer for Levels 1, 2 and 3 and helps out with several smaller initiatives within the organization.

### **Clemmie Everett**

Clemmie Everett is a high school history and economics teacher at Rye Country Day School. Clemmie grew up sailing at American Yacht Club. During summers in college, she taught sailing and was head instructor at Noroton Yacht Club. After college, she taught sailing at Stonington Harbor Yacht Club (Stonington, CT) and Ram Island YC (Noank, CT), was sailing director at Noroton YC for the past three summers, and has coached sailing at Darien High School (Darien, CT), The Williams School (New London, CT), and Rye Country Day School (Rye, NY). Clemmie is currently a member of the JSA Board.

### **Amy Gross-Kehoe**

Amy is a career sailing professional who has taught sailing and coached racing around the world. Best known for her work with youth sailors, Amy has worked with all levels of Optimist, high school and college sailors. She is a US Sailing Instructor Trainer, former Agenda Coordinator of the National Sailing Program Symposium and served one term on the Board of Directors. After years working closely with Yale and Stanford's collegiate sailing programs, she still serves on the Intercollegiate Sailing Association's Executive Committee. Also a brain cancer survivor, Amy has recently relocated to Bayville, Long Island with her husband Jay Kehoe and 10-year-old daughter, Merrick. She is currently the Deputy Waterfront Director at the NY Maritime College, working closely with varsity and community sailing.

### **Alex Helfand**

Originally self taught at the age of 16. Taught sailing at summer camp and ran summer sailing program at university at Albany 1975. Continued to teach sailing on Long Island to clients buying new sailboats 1973 and 1974. Past Member of Nyack Boat Club, City Island Yacht Club and now active member of New York Athletic Club YC. Has been chairman of the NYAC Junior Sailing Program since 2011. Racing big boats since 1974. Owner of Legend 37 Shadow Fox since 1988, raced on Hudson River and Long Island sound in Can One and various weekend regattas. Joined the JSA board in 2013.