



Midwinter Meeting

March 9, 2019

Larchmont Yacht Club

8:15-8:45 Registration and Continental breakfast

8:45-9:10 **JSA BUSINESS**

Chair Welcome - Richard West

Treasurer's report - Tim Clark

Executive Director's report - Bob Whittredge

JUNIOR PROGRAM SESSIONS

9:10-9:50

JSA

JSA safety resources; Clubspot; Regatta documents

US Sailing's REACH program for STEM training

National Sailing Programs Symposium 2019, report from JSA attendees

9:50-10:00

CFE/Save *the Sound*, Curt Johnson, President

Working together for Long Island Sound and all who live, work, and play here.

10:00-10:10

Break

10:10-10:50

Safety & Training, Spike Lobdell

Safety: Everyone's Concern. Developing a culture of safety.

10:50-11:00

YASA, Peter Becker

Expanding access to enhanced big boat sailing activity for juniors in the Long Island Sound region.

11:00-11:10

Break

Welcome to special guests Carmen & Emma Cowles who were recently named as US Sailing's 2018 Rolex Yachtswomen of the Year

11:10-12:10

Creating Lifetime Sailors, Nicholas Hayes

A Sailing Revolution is Underway. The change can be seen everywhere: in clubs and schools, sailboats and gear, races and rallies, marinas and anchorages. How are leading organizations responding? What can you do to join and help shape sailing's future?

12:10-12:30

Team Racing, Lauren G. Kemp

Creating excitement about youth team racing at your program. How you can initiate and/or expand team racing in your program. Current JSA member programs and JSA events.

12:30-13:30

Lunch (optional) - Informal get-together for those who wish to meet and talk with other junior program leaders, during discussion guided by Nick Hayes to share program design ideas.

BACKGROUND OF SPEAKERS

Spike Lobdell

Spike is the Founder and currently President & CEO of the New England Science & Sailing Foundation (NESS). Spike founded NESS in 2002 after a career in financial services at JPMorgan for 28 years and then became CEO of XL Capital Global Business Services Division. Spike was appointed President & CEO and full-time volunteer for NESS in 2008 when it served 184 students out of one location. Now NESS serves over 9,000 students year-round, operates out of 10 different locations and partners with over 55 different schools. NESS became the first school partnership program in the country to become accredited by the New England Association of Schools & Colleges (NEASC) last year. NESS was named by US Sailing as the Outstanding Community Sailing Program in country in 2013 and Spike was awarded US Sailing's Outstanding Organizational Leader in 2016. While not running NESS, Spike enjoys cruising New England waters in a Hinckley Sou'wester 42' and one-design racing. He resides in Mystic, CT.

Nicholas Hayes

A 30-year veteran of the activity, Nick Hayes works to promote sailing as an American cultural centerpiece. He wrote the 2009 bestseller *Saving Sailing*, reminding us that sailing is about family and mentoring. He has helped hundreds of sailing clubs and not-for-profits create innovative programs, raise money, and engage sailors of all ages, experiences and skills meaningfully. He writes the *On The Wind* column for Sailing Magazine, is frequently featured in Scuttlebutt, Spinsheet and Sailing Anarchy, and has presented and led workshops in the US, Canada, Bermuda and France for US Sailing, World Sailing, Sail America, SAYRA, and Sport Canada. Nick is an avid sailor with almost forty years of racing experience, starting on Penguins, scows, and Solings, and graduating to big boats and sport boats. His sailing resume boasts thousands of course races and offshore miles in the Chicago-Mackinac, Queen's Cup, Hook, and Trans-Superior races, winning many. Nick lives in Shorewood, Wisconsin, with his wife Angela, and his daughters Kate and Elizabeth, all decorated sailors. The Hayes family actively races and cruises together out of the South Shore Yacht Club on Milwaukee Bay.

Lauren G. Kemp

Lauren was a recruited member of the #1 nationally ranked Boston College Varsity Sailing team (2005-2009) and received First Team All American honors for her role in the team's three National titles. Since college, she has represented the New York Yacht Club in top-tier team racing events and competed in numerous national and international one-design fleet racing regattas. Lauren is on the Membership Committee of the New York Yacht Club and serves as the Rear Commodore at the Orient Yacht Club.

Peter Becker

Peter is President and Coach of Young American Sailing Academy (YASA) based in Stamford, CT and Rye, NY. He was an early leader in the successful Jr. Big Boat Team sailing from American Yacht Club. Peter and his team have expanded and transformed this success story from a club-based program into a regional initiative in the form of YASA, which serves high school and college aged juniors.

Curt Johnson

Curt Johnson is the President of Connecticut Fund for the Environment/Save the Sound, the mission of which is to protect and improve the land, air, and water of Connecticut and Long Island Sound.