



# JSA of Long Island Sound Optimist Championship Cedar Point Yacht Club



Bluff Point, Westport, CT 06880

Registration August 13, 2017

Racing August 14-August 15, 2017

## NOTICE OF RACE Amended August 10, 2017

### Abbreviations:

PC – Protest Committee	RC – Race Committee
OA – Organizing Authority	SI – Sailing Instructions
RRS – Racing Rules of Sailing	NOR – Notice of Race
JSA – Junior Sailing Association of LIS	

### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current version of *The Racing Rules of Sailing* (RRS).
- 1.2 The Rules for JSA of LIS (JSA) Events, JSA Code of Conduct and US Sailing [SafeSport Handbook](#) will apply.

The following RRS optional rules will apply:

- a) Appendix V2, Penalty Taken After a Race, will apply.
- 1.3 Rules listed below are changed as indicated. The changes will appear in full in the sailing instructions. The sailing instructions may also change other rules.
    - a) Rule 64.4 (b) is changed to require a hearing before any action is taken.
    - b) Rule 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”
  - 1.4 Rule 63.7 is changed to read “If there is any conflict between a rule in the notice of race and one in the sailing instructions, the sailing instructions shall take precedence.”

### 2 ELIGIBILITY AND ENTRY

- 2.1 This event is open to Optimist sailors who qualify based on performance in qualifying regattas as defined in the JSA Rules for Events. The JSA Rules for Events and the list of qualifying Optimist sailors is posted on the JSA website at [www.jsalis.org](http://www.jsalis.org).
- 2.2 All participants shall be certified as competent for this event by either the head instructor or the program head of their member program. Competency is defined by the JSA as follows: Each entrant is able to sail his/her Optimist to windward and to leeward in a variety of wind conditions, is able to right the boat after capsize, and has previously sailed a race course.

- 2.3 **The entry package must be received by CPYC Opti Regatta at Cedar Point Yacht Club, 1 Bluff Point, Westport, CT 06880 no later than Friday August 11<sup>th</sup>, 2017.** Entries for this regatta will be accepted via the JSA database regatta registration facility; if that is used, it is still required that payment be received by the due date. One check payable to CPYC Junior Sailing must be drawn per club to cover all fees.
- 2.4 The entry package consists of the entry form, a completed JSA Standard Waiver and Medical Release Form for each competitor, and a single payment to cover all fees. The entry is not complete until all these elements have been received at the address above.
- 2.5 The entry forms and waivers can be submitted via the JSA online regatta registration capability. [www.jsalis.org](http://www.jsalis.org). Please have your club administrator locate this regatta via the regattas tab in the JSA online database and follow the directions there. Payment for regatta fees must be received as directed by 2.4

### 3 FEES

- 3.1 The entry fee is \$170 per sailor. There is no fee for instructors.
- 3.2 Non-electronic entries, late entries and/or changes may be accepted at the discretion of the regatta chairperson. To inquire about registering after the date listed above, contact the regatta chairperson. Please do not send late entries or changes without permission from the regatta chairperson as they may not be accepted. The entry fee for late entries is \$190.00 per sailor.

### 4 SCHEDULE AND REGATTA FORMAT

- 4.1 **Registration:** All competitors and instructors shall appear in person at the registration table during the registration period. Instructors and parents with support boats shall also attend the Instructors' and Support Boat Meeting to receive safety assignments.
- 4.2 Competitors will be assigned to divisions according to their age on the day of the regatta as follows:
- White Division 10 and under
  - Blue Division 11 and 12
  - Red Division 13, 14, and 15
- These divisions will race together as described in the Sailing Instructions, but will be scored overall (see NoR 13.1).

- 4.3 The schedule of events is as follows:

Day	Time	Activity	Location
Sunday, August 13	1700-2000	Registration and Boat/Sail Check	Main Clubhouse
	1730-1930	Snacks	Main Clubhouse
	2000	Host Pick-Up for Housing	Front of Clubhouse
	2100	Curfew	Housing
Monday, August 14	0700-0845	Registration and Boat/Sail Check	Main Clubhouse
	0700-0830	Breakfast	Pavilion
	0830-0900	Housed Sailor/Coach Lunch Pick Up	Pavilion

	0900-0930	Instructors and Support Boat Meeting	Flag Pole
	0930-1000	Competitors' Meeting	Flag Pole
	1000	Harbor Start	
	1100	First Warning	On the Water
	Between Races	Lunch	On the Water
	1730-1900	Dinner for Sailors and Instructors	Pavilion
	1730-2000	Lawn Games	Pavilion
	2000	Host Pick-Up for Housing	Front of Clubhouse
	2100	Curfew	Housing
Tues., August 15	0730-0830	Breakfast	Pavilion
	0830-0900	Housed Sailor/Coach Lunch Pick Up	Pavilion
	0930	Harbor Start	
	1030	First Warning	On the Water
	Between Races	Lunch	On the Water
	1500	No Warning for a Race After this Time	On the Water
	Post Racing	Snacks and Lawn Games	Pavilion
	Approx. 1700	Awards	Main Clubhouse

## 5 MEASUREMENT, SAFETY AND EQUIPMENT

- 5.1 All boats shall conform to their class rules and with the JSA Optimist Inspection Checklist (Appendix A of the 2017 Rules for JSA Events). Boats are subject to inspection by the organizing authority or the judges at any time during the event.
- 5.2 Each skipper shall present their self-check boat safety form at registration.
- 5.3 **Personal Flotation Devices (PFDs):** In addition to the requirements of rule 40 and its U.S. Prescription, a condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved PFD with whistle attached and properly secured at all times (except for brief periods to adjust clothing) while on the water or on the dock in accordance with Rules for JSA Events. This instruction also applies to all instructors. Failure to comply with JSA rules can result in disciplinary action being taken (see Section 14).
- 5.4 **Bow line:** Each boat shall have a secure loop in the end of its bow line
- 5.5 **Sail numbers:** Sail numbers must be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected by the Organizing Authority. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only.

## **6 SAILING INSTRUCTIONS**

Sailing Instructions may be available online at [www.jsalis.org](http://www.jsalis.org) before the event and will be posted on the CPYC website [www.cedarpointyc.org](http://www.cedarpointyc.org) and the CPYC Mobile Regatta App which can be installed on most Android and iOS devices (competitors should search “CPYC” on the App Store or Google Play to download the App). A limited number of copies of printed Sailing Instructions will be available at Registration and are for INSTRUCTORS ONLY.

## **7 VENUE**

The racing area will be the waters of Long Island Sound off Cedar Point Yacht Club. Directions to the host club can be found at [www.jsalis.org](http://www.jsalis.org) or [www.cedarpointyc.org](http://www.cedarpointyc.org).

## **8 THE COURSES**

The course to be sailed will be described in the Sailing Instructions.

## **9 PENALTY SYSTEM AND PROTESTS**

- 9.1 The penalty for breaches of the Rules for JSA Events will be at the discretion of the protest committee and may be less than or greater than DSQ for one or more races. Please see Rules 4 for JSA Events.

## **10 SCORING**

Scoring for the regatta will be as described in the Sailing Instructions.

## **11 SUPPORT & SPECTATOR VESSELS**

- 11.1 There will be a CPYC member-operated spectator vessel leaving at the dock ½ hour after Harbor Start for those wishing to watch the racing on the water. Space on the boat is limited and will be available on a first come, first served basis.
- 11.2 Any club entering three or more boats shall supply a support vessel equipped with a working VHF radio, an anchor and a first aid kit. An instructor, coach and/or other support personnel shall drive the support vessel in accordance with Rules for JSA Events 2.3 (d) and (e) and shall register with the organizing authority at registration to receive safety patrol assignments.
- 11.3 Spectator and support vessels shall stay well clear of the race course area while boats are racing and shall monitor the VHF radio for updates and directives coming from the race committee.
- 11.4 NO parents are permitted to tow sailors
- 11.5 If a club is not sending a support vessel (i.e., a club is sending fewer than three boats), arrangements shall be made with another club to allow the instructor supervising those sailors to go out on the water. In no circumstances will competitors be allowed to sail without a designated instructor on the race course.

## **12 BOAT AND TRAILER STORAGE**

- 12.1 All boats will be dry-sailed.
- 12.2 Boats and/or trailers will be stored at the instruction of the Cedar Point Yacht Club staff. Storage of boats, including during rigging or de-rigging, on the paved roads used in ingress or egress to the Main Clubhouse will be subject to disciplinary action.

### **13 PRIZES**

- 13.1 Prizes will be awarded to the top 5 finishers in the Red, White, and Blue divisions; Top Three Overall Finishers; Top 3 Girl Finishers
- 13.2 A sportsmanship trophy may be awarded at the discretion of the race committee.

### **14 PERSONAL CONDUCT**

- 14.1 All junior sailors and instructors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. A junior sailor or instructor may be disciplined as per Rules for JSA Events 11.2 for actions.
- 14.2 An alleged breach of this requirement shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached the above requirement, it shall follow the process described in the JSA Code of Conduct.
- 14.2 Please note that if an instructor is asked to leave a race course, all juniors for whom that instructor is responsible shall leave the race course as well unless other satisfactory supervisory arrangements are made and approved by the Regatta Chairperson or the Principal Race Officer (PRO).

### **15 DISCLAIMER OF LIABILITY**

- 15.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 15.2 Sailing is an activity that has an inherent risk of damage and injury. The race organizers (organizing authority, race committee, protest committee, host club, or any other organization (including the JSA or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
- 15.3 As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Cedar Point Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Responsibility for evaluating wind, sea and weather conditions rests with each competitor as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol vessels, or other support vessels and from personnel aboard them is at the risk of the participant.

### **16 HOUSING, MEALS, AND LOCAL TRANSPORTATION**

- 16.1 Limited Housing will be available for the nights of Sunday August 13 and Monday August 14 for competitors and instructors from member programs in Area A,. CPYC reserves the right to end or alter the housing initiative at any time and for any reason.
- 16.2 Assigned housing must be used. All housed competitors must be at their host's house by 2100 each night. Failure to use assigned housing or to meet the curfew may result in the competitor being protested as per Section 14 of this NOR.
- 16.3 Local transportation will be provided by housing host if required.

#### 16.4 Hotel Accommodations for regatta

- Westport Inn – 117 Rooms – 1595 Post Road East, Westport, CT 06880 (203) 557-8124 Near I-95. 7.9 miles and 18 minutes to CPYC. Restaurant, Bar, Gym, Pool. There is a special rate for the regatta participants of \$99/night, just tell them you are part of the Cedar Point Yacht Club Regatta.
- Doubletree Hotel Norwalk · 789 Connecticut Avenue, Norwalk, CT 06854 · 265 rooms (203) 853-3477 · Fax (203) 855-9404 Near I-95. 5.7 miles and 15 minutes to CPYC. Restaurant, gym, pool.

16.5 A light breakfast will be provided for sailors and instructors on the morning of each race day

16.6 FOR HOUSED SAILORS AND INSTRUCTORS ONLY: Lunch will be provided each race day.

16.7 Sailors and Instructors who are not being housed by CPYC members should bring their own lunches each day.

16.8 Dinner will be provided for sailors and instructors on Monday, August 14<sup>th</sup>.

16.9 Instructors are asked to keep coolers on their boats in which to store sailor lunches.

16.10 Sailors are encouraged to bring their own refillable water bottles to this event and instructors are encouraged to equip their coach boats with extra water for refilling water bottles. CPYC also has a drinking water filling station at the main clubhouse.

#### 17 FURTHER INFORMATION

The Notice of Race, Sailing Instructions, results, and other information will be available on the Cedar Point Yacht Club website at [www.cedarpointyc.org](http://www.cedarpointyc.org) and on the JSA website at [www.jsalis.org](http://www.jsalis.org). For further information, contact CPYC Jr. Program Director Regatta Chair Mike Ances at [jrsailingdirector@cedarpointyc.org](mailto:jrsailingdirector@cedarpointyc.org)

Regatta information and much more will also be available using the CPYC Mobile Regatta App that can be installed on most Android and iOS devices by clicking on the appropriate icon below. or searching “CPYC” in your mobile app store.



#### 18 TRANSPORTATION AND PARKING

18.1 All competitors and their support coaches and parents should be prepared to follow the instructions of volunteers and CPYC staff in the delivery and orientation of boats, trailers, and other equipment. Club facilities are limited and as boats must be dry sailed, use of the available dry stall space is carefully orchestrated in advance and requires everyone’s cooperation.

18.2 Turn right on Canal Road around to 1<sup>st</sup> left (Spriteview), 1<sup>st</sup> right (Cross Way), left on Bluff Point.

18.3 **CPYC shares Bluff Point with a residential neighborhood populated by many young children and pedestrians. Please be mindful of the 15 mph speed limit, speed bumps, and stop signs on Saugatuck Island. The added seconds to your travel will be safer, ease the wear and tear on your gear, and do much to benefit our relationship with local residents.**

## **JSA of LIS CODE OF CONDUCT**

### **Introduction**

Each competitor in a Junior Sailing Association of Long Island Sound (JSA) event hereby pledges that he or she agrees to uphold the spirit of this JSA Code of Conduct (Code). This Code is not intended to establish a set of rules that will, by inclusion or exclusion, prescribe the appropriate behavior for competitors in every aspect of their participation in a JSA event. Rather, the Code offers general principles to guide the conduct of competitors in situations that have ethical implications.

The competitor commits to familiarization with this Code and understands that acceptance of its provisions is a condition of participation in a JSA event. Competitors who do not conform to this Code will be subject to the consequences of their actions, as specified below. The competitor has a right to a hearing if charged with a violation of this Code.

### **Elements of the Code**

Each competitor in a JSA event pledges they agree to abide by the Rules for JSA Events (JSA Rules) and Bylaws of JSA with regard to alleged incidences of misconduct, and a bid e by the US Sailing SafeSport Handbook. The event is defined as running from on-site registration to departure from the venue at the conclusion of the event.

### **Participation**

Will abide by *The Racing Rules of Sailing (RRS)*, the US Sailing SafeSport Handbook, the JSA Rules and Bylaws, the Notice of Race and the Sailing Instructions for the JSA event.

Are eligible to compete under all JSA rules.

### **Fair Play and Conduct**

Will abide by *RRS* 2 and 69, and the US Sailing SafeSport Handbook.

### **Drugs & Alcohol**

Will abide by the US Sailing SafeSport Handbook.

For junior competitors in any JSA event, no competitor shall use or possess, either on or off the water:

1. marijuana or any other substance if possession is illegal under state or federal law; or
2. any alcoholic beverages.

### **Sexual Abuse & Harassment**

Will abide by the US Sailing SafeSport Handbook.

### **Physical Abuse & Assault**

Will abide by the US Sailing SafeSport Handbook.

### **Bullying & Hazing**

Will abide by the US Sailing SafeSport Handbook.

## **Enforcement of the Code**

Compliance with this Code depends primarily upon

understanding the Code and voluntary compliance, secondarily upon reinforcement by peers, and, when necessary, upon enforcement through disciplinary action as outlined by the *RRS*, the US Sailing SafeSport Handbook, and the JSA Regulations and Bylaws.

If an incident is brought to the attention of the Organizing Authority, Host and/or the Protest Committee for the event alleging that a competitor has violated this Code, the Protest Committee shall protest the competitor and conduct a hearing that meets the requirements of Part 5, Section B of the *RRS*. The competitor has the right and option to voluntarily withdraw from the event rather than proceeding with a hearing. If the Protest Committee decides that the competitor has violated the Code and is not exonerated, it may

(a) remove some or all of the competitor's event privileges or benefits,

(b) disqualify the competitor's boat from the race or races sailed nearest in time to that of the incident, or

(c) disqualify the competitor's boat from all races in the event and exclude the competitor from the event or venue. Further action may be determined by the Protest Committee if warranted including considering calling a hearing under *RRS* 69.2(b).

## **Scoring**

When a competitor withdraws from part of an event pursuant to the Code, the scores of all completed races shall stand for the purposes of determining the seeding of subsequent rounds or stages in the event. However, that competitor's boat/team will no longer be eligible to compete in the event, shall be removed from the final event scores, and each boat/team with a worse finishing place in the event shall be moved up one place. The same scoring applies if a boat is disqualified from the remaining races in an event.