



JSA Optimist Area C Regatta
Cedar Point Yacht Club
Bluff Point, Westport, CT 06880
August 10, 2017



NOTICE OF RACE

Abbreviations:

PC	– Protest Committee	RC	– Race Committee
OA	– Organizing Authority	SI	– Sailing Instructions
RRS	– Racing Rules of Sailing	JSA	– Junior Sailing Association of LIS
NOR	– Notice of Race		

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current version of The Racing Rules of Sailing.
- 1.2 The Rules for JSA of LIS (JSA) Events, JSA Code of Conduct and US Sailing [SafeSport Handbook](#) will apply.

The following RRS optional rules will apply:

- a) Appendix T, Arbitration will apply.
 - b) Appendix V2, Penalty Taken After a Race, will apply.
- 1.3 Racing Rules of Sailing (RRS) listed below will be changed as follows. The sailing instructions may also change other rules.
 - a) Rule 64.4 (b) is changed to require a hearing before any action is taken.
 - b) Rule 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”
 - 1.4 Rule 63.7 will be replaced with “If there is any conflict between a rule in the notice of race and one in the sailing instructions the sailing instructions shall apply.”

2 ELIGIBILITY AND ENTRY

- 2.1 All competitors shall comply with the eligibility rules of JSA and are required to be members of the United States Optimist Dinghy Association (USODA).
- 2.2 This event is open to Optimist sailors representing member programs in JSA Area C. Sailors from programs outside JSA Area C may enter if space permits, in which case entries will be accepted in order of date of receipt.
- 2.3 All participants shall be certified as competent for this event by either the head instructor or the program head of their member program. Competency is defined by the JSA as follows:

Each entrant is able to sail his/her Optimist to windward and to leeward in a variety of wind conditions, is able to right the boat after a capsize, and has previously sailed a race course.

- 2.4 This event is a qualifying event for the 2017 JSA Optimist Championship
- 2.5 **The entry package must be received by CPYC Opti Regatta at Cedar Point Yacht Club, 1 Bluff Point, Westport, CT 06880 no later than 5:30pm on Monday August 7, 2017.** Entries for this regatta will be accepted via the JSA database regatta registration facility; if that is used, it is still required that payment be received by the due date. One check payable to CPYC Junior Sailing must be drawn per club to cover all fees.
- 2.6 The entry package consists of the entry form, a completed JSA Standard Waiver and Medical Release Form for each competitor, and a single payment to cover all fees. The entry is not complete until all these elements have been received at the address above.
- 2.7 The entry forms and waivers can be submitted via the JSA online regatta registration capability. www.jsalis.org. Please have your club administrator locate this regatta via the regattas tab in the JSA online database and follow the directions there” Payment for regatta fees must be received as directed by 2.5.

3 FEES

- 3.1 The entry fee is \$70 per sailor. There will be no fee for instructors.
- 3.2 Non-electronic entries, late entries and/or changes may be accepted at the discretion of the regatta chairperson. To inquire about registering after the date listed above, contact the regatta chairperson. Please do not send late entries or changes without permission from the regatta chairperson as they may not be accepted. The entry fee for non-electronic and late entries is \$85.00 per sailor.

4 SCHEDULE AND REGATTA FORMAT

- 4.1 **Registration:** All competitors and instructors/coaches shall appear in person at the registration table during the registration period. Instructors and parents with support boats must also attend the instructors’ meeting to receive safety assignments.
- 4.2 Competitors will be assigned to groups according to their age on the day of the regatta as follows:

- White Fleet 10 and under
- Blue Fleet 11 and 12
- Red Fleet 13, 14, and 15

These groups may race together or separately, as described in the Sailing Instructions.

The race committee will supply colored streamers to be displayed by each boat if the groups race separately.

- 4.3 The schedule of events is as follows:

Time	Activity	Location
0730 - 0930	Registration	Main Clubhouse
0730 -0930	Measurement and equipment check	Dry-sail area

0730 - 0900	Light Breakfast	Main Clubhouse
0930-1000	Instructors and Support Boat Meeting	Main Clubhouse
1000	Competitors Meeting	Main Clubhouse
1030	Harbor Start	
1130	First Warning Signal	On the Water
1530	No Warning Signal After this time	On the Water
ASAP after racing	Awards	Flag Pole

5 MEASUREMENT, SAFETY AND EQUIPMENT

- 5.1 All boats shall conform to their class rules and with the JSA Optimist Inspection Checklist (Appendix A of the 2017 Rules for JSA Events). Boats are subject to inspection by the organizing authority or the judges at any time during the event.
- 5.2 Each skipper shall present their self-check boat safety form at registration.
- 5.3 **Personal Flotation Devices (PFDs):** In addition to the requirements of rule 40 and its U.S. Prescription, a condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved PFD with whistle attached and properly secured at all times (except for brief periods to adjust clothing) while on the water or on the dock in accordance with Rules for JSA Events. This instruction also applies to all instructors. Failure to comply with JSA rules can result in disciplinary action being taken (see Section 14).
- 5.4 **Bow line:** Each boat shall have a secure loop in the end of its bow line.
- 5.5 **Sail numbers:** Sail numbers must be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected by the Organizing Authority. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only.

6 SAILING INSTRUCTIONS

- 6.1 Preliminary Sailing Instructions may be available online at www.jsalis.org before the event. Final Sailing Instructions will be posted on the CPYC Mobile Regatta App which can be installed on most Android and iOS devices (competitors should search "CPYC" on the App Store or Google Play to download the App). A limited number of copies of printed Sailing Instructions will be available at Registration and are for INSTRUCTORS ONLY.

7 VENUE

- 7.1 The racing area will be the waters of Long Island Sound off Cedar Point Yacht Club. Directions to the host club can be found at www.jsalis.org or www.cedarpointyc.org.

8 THE COURSES

- 8.1 The course to be sailed will be a trapezoid with the start and finish in the middle of the windward leg. Courses to be sailed will be described in detail in the Sailing Instructions.

9 PENALTY SYSTEM AND PROTESTS

- 9.1 The penalty for breaches of the Rules for JSA Events will be at the discretion of the protest committee and may be less than or greater than DSQ for one or more races. Please see JSA Rule 4
- 9.2 In accordance with RRS 70.5(a), decisions of the protest committee are final. US Sailing's permission has been granted. If the requirements of [RRS 70.5](#) are not met, the decision of the protest committee may be appealed.

10 SCORING

- 10.1 Six races are scheduled. One race is required to be completed to constitute a series.
- 10.2 In the event that 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score. DSQ's may not be excluded. This changes Rule A2 and 90.3 (b).
- 10.3 The Low Point Scoring System, Appendix A, will apply.

11 SUPPORT BOATS

- 11.1 Any club entering three or more boats shall supply a support boat equipped with a working VHF radio, an anchor and a first aid kit. An instructor, coach and/or other support personnel shall drive the support boat in accordance with Rules for JSA Events 10.4 (d) and (e) and shall register with the organizing authority at registration to receive safety patrol assignments.
- 11.2 Spectator and support boats shall stay well clear of the race course area while boats are racing and shall monitor the VHF radio for updates and directives coming from the race committee.
- 11.3 If a club is not sending a support boat (i.e., a club is sending fewer than three boats), arrangements shall be made with another club to allow the instructor supervising those sailors to go out on the water. In no circumstances will competitors be allowed to sail without a designated instructor on the race course.

12 BOAT AND TRAILER STORAGE

- 12.1 All boats will be dry sailed.
- 12.2 Boats and/or trailers will be stored at the instruction of the Cedar Point Yacht Club staff. Storage of boats, including during rigging or de-rigging, on the paved roads used in ingress or egress to the Main Clubhouse will be subject to disciplinary action.

13 PRIZES

- 13.1 Prizes will be awarded to the top 5 finishers in the Red, White, and Blue fleets.
- 13.2 A sportsmanship trophy may be awarded at the discretion of the race committee.

14 PERSONAL CONDUCT

- 14.1 All junior sailors and instructors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. A junior sailor or instructor may be disciplined as per Rule 4 for JSA Events the JSA Code of Conduct, RRS 64.4 or RRS 69 for violation of this Rule for actions that include, but are not limited to, the following:
- a) swearing at, intimidating or harassing anyone, including teammates, on or off the water; or
 - b) stealing or borrowing without permission, anything that does not belong to them; or

- c) possessing, consuming or being under the influence of alcohol, or controlled substances the possession of which is unlawful.
 - d) failure to wear a properly fastened PFD.
 - e) failure to comply with other conditions of the regatta.
- 14.2 An alleged breach of this requirement shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached the above requirement, it shall follow the process described in the JSA Code of Conduct.
- 14.3 Please note that if an instructor is asked to leave a race course, all juniors for whom that instructor is responsible shall leave the race course as well, unless other satisfactory supervisory arrangements are made and approved by the Regatta Chairperson or the Principal Race Officer (PRO).

15 DISCLAIMER OF LIABILITY

- 15.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 15.2 Sailing is an activity that has an inherent risk of damage and injury. The race organizers (organizing authority, race committee, protest committee, host club, or any other organization (including the JSA or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
- 15.3 As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Cedar Point Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Responsibility for evaluating wind, sea and weather conditions rests with each competitor as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.

16 LUNCH

- 16.1 Lunches will not be provided. Snacks will be served after the conclusion of racing.

17 FURTHER INFORMATION

- 17.1 The Notice of Race, Sailing Instructions, results, and other information will be available on the Cedar Point Yacht Club website at www.cedarpointyc.org and on the JSA website at www.jsalis.org. For further information, contact CPYC Jr. Program Director Regatta Chair Mike Ances at jrsailingdirector@cedarpointyc.org and Regatta Chair Chris Grantham christopher.grantham@gmail.com

Regatta information and much more will also be available using the CPYC Mobile Regatta App that can be installed on most Android and iOS devices by clicking on the appropriate icon below. or searching "CPYC" in your mobile app store.



18 TRANSPORTATION AND PARKING

- 18.1 All competitors and their support coaches and parents should be prepared to follow the instructions of volunteers and CPYC staff in the delivery and orientation of boats, trailers, and other equipment. Club facilities are limited and as boats must be dry sailed, use of the available dry stall space is carefully orchestrated in advance and requires everyone's cooperation.
- 18.2 **CPYC shares Bluff Point with a residential neighborhood populated by many young children and pedestrians. Please be mindful of the 15 mph speed limit, speed bumps, and stop signs on Saugatuck Island. The added seconds to your travel will be safer, ease the wear and tear on your gear, and do much to benefit our relationship with local residents.**

JSA of LIS CODE OF CONDUCT

Introduction

Each competitor in a Junior Sailing Association of Long Island Sound (JSA) event hereby pledges that he or she agrees to uphold the spirit of this JSA Code of Conduct (Code). This Code is not intended to establish a set of rules that will, by inclusion or exclusion, prescribe the appropriate behavior for competitors in every aspect of their participation in a JSA event. Rather, the Code offers general principles to guide the conduct of competitors in situations that have ethical implications.

The competitor commits to familiarization with this Code and understands that acceptance of its provisions is a condition of participation in a JSA event. Competitors who do not conform to this Code will be subject to the consequences of their actions, as specified below. The competitor has a right to a hearing if charged with a violation of this Code.

Elements of the Code

Each competitor in a JSA event pledges they agree to abide by the Rules for JSA Events (JSA Rules) and Bylaws of JSA with regard to alleged incidences of misconduct, and a bid by the US Sailing SafeSport Handbook. The event is defined as running from on-site registration to departure from the venue at the conclusion of the event.

Participation

Will abide by *The Racing Rules of Sailing (RRS)*, the US Sailing SafeSport Handbook, the JSA Rules and Bylaws, the Notice of Race and the Sailing Instructions for the JSA event.

Are eligible to compete under all JSA rules.

Fair Play and Conduct

Will abide by *RRS* 2 and 69, and the US Sailing SafeSport Handbook.

Drugs & Alcohol

Will abide by the US Sailing SafeSport Handbook.

For junior competitors in any JSA event, no competitor shall use or possess, either on or off the water:

1. marijuana or any other substance if possession is illegal under state or federal law; or
2. any alcoholic beverages.

Sexual Abuse & Harassment

Will abide by the US Sailing SafeSport Handbook.

Physical Abuse & Assault

Will abide by the US Sailing SafeSport Handbook.

Bullying & Hazing

Will abide by the US Sailing SafeSport Handbook.

Enforcement of the Code

Compliance with this Code depends primarily upon

understanding the Code and voluntary compliance, secondarily upon reinforcement by peers, and, when necessary, upon enforcement through disciplinary action as outlined by the *RRS*, the US Sailing SafeSport Handbook, and the JSA Regulations and Bylaws.

If an incident is brought to the attention of the Organizing Authority, Host and/or the Protest Committee for the event alleging that a competitor has violated this Code, the Protest Committee shall protest the competitor and conduct a hearing that meets the requirements of

Part 5, Section B of the *RRS*. The competitor has the right and option to voluntarily withdraw from the event rather than proceeding with a hearing. If the Protest Committee decides that the competitor has violated the Code and is not exonerated, it may

(a) remove some or all of the competitor's event privileges or benefits,

(b) disqualify the competitor's boat from the race or races sailed nearest in time to that of the incident, or

(c) disqualify the competitor's boat from all races in the event and exclude the competitor from the event or venue. Further action may be determined by the Protest Committee if warranted including considering calling a hearing under *RRS* 69.2(b).

Scoring

When a competitor withdraws from part of an event pursuant to the Code, the scores of all completed races shall stand for the purposes of determining the seeding of subsequent rounds or stages in the event. However, that competitor's boat/team will no longer be eligible to compete in the event, shall be removed from the final event scores, and each boat/team with a worse finishing place in the event shall be moved up one place. The same scoring applies if a boat is disqualified from the remaining races in an event.