



2017 JSA C-420, Laser & Laser Radial Race Week

Cedar Point Yacht Club

Entry Deadline: Monday, July 17
Monday, July 24 and Tuesday, July 25



NOTICE OF RACE

Abbreviations:

PC	– Protest Committee	RC	– Race Committee
OA	– Organizing Authority	SI	– Sailing Instructions
RRS	– Racing Rules of Sailing	JSA	– Junior Sailing Association of LIS
NOR	– Notice of Race		

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 1.2 The Rules for JSA of LIS (JSA) Events, JSA Code of Conduct and US Sailing [SafeSport Handbook](#) will apply.

The following RRS optional rules will apply:

- a) Appendix P, Special Procedures for Rule 42, will apply.
 - b) Appendix T, Arbitration will apply.
 - c) Appendix V2, Penalty Taken After a Race, will apply.
- 1.3 Racing Rules of Sailing (RRS) listed below will be changed as follows. The sailing instructions may also change other rules.
 - a) Rule 64.4 (b) is changed to require a hearing before any action is taken.
 - b) Rule 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”

2 ELIGIBILITY AND ENTRY

- 2.1 This regatta is open to all boats of the Club 420, Laser, and Laser Radial classes that meet JSA eligibility requirements. As per class and JSA rules, all competitors are required to be members of their respective national class association.
- 2.2 This event is a qualifying event for the 2017 JSA 420, Laser, and Laser Radial Championships.
- 2.3 All participants shall be certified as competent for this event by either the head instructor or the program head of their member program.
- 2.4 For Lasers and Club 420s, if either the JSA weight or age requirement is not met, the sailor shall file written permission from a parent, plus written recommendations from his or her

program chair and head instructor, with the entry form (see JSA rules 7.3 and 8.3). This permission form must be included with the entry package and is subject to approval by the regatta chair.

- 2.5 The entry package and payment must be received no later than 1700 on Monday July 17, 2017. One check, payable to the "CPYC Jr. Program" must be drawn per club for all fees. Payment must be received by the entry deadline and can be mailed to: Cedar Point Yacht Club Jr. Program, 1 Bluff Point, Westport, CT 06880
- 2.6 The entry package consists of the entry form, a completed JSA Standard Waiver and Medical Release Form for each competitor (and, if applicable, a housing request form) and a single payment to cover all fees. The entry is not complete until all these elements have been received at the address above.
- 2.7 The entry forms and waivers can be submitted via the JSA online regatta registration capability. Your club administrator should locate this regatta via the regattas tab in JSA online database and follow the directions there. Regatta fees must be paid as directed by 2.5.
- 2.8 Housing requests (see Section 16) must be submitted via the JSA online housing entry system at www.jsalis.org. Housing requests will not be accepted after 1700 on Monday July 17, 2016

3 FEES, PAYMENT,

- 3.1 The entry fee is \$ 155 per sailor. There is no fee for instructors.
- 3.2 Late entries and/or changes may be accepted at the discretion of the regatta chairperson. To inquire about registering after the date listed above, contact the regatta chairperson. Please do not send late entries or changes without permission from the regatta chairperson as they may not be accepted. The entry fee for late entries is \$ 175 per sailor.
- 3.3 If fewer than 3 boats in a particular class have registered by the deadline, the organizing authority reserves the right to not offer that class a start in the regatta.

4 SCHEDULE

- 4.1 **Registration.** All skippers, crews, and instructors shall appear in person at the registration table during the registration period. Instructors and parents with support boats must also attend the instructors' meeting to receive safety assignments.
- 4.2 The schedule of events is as follows:

Day	Time	Activity	Location
Sunday, July 23	1700-2000	Registration	Main Clubhouse
	1700-2000	Snacks	Main Clubhouse
	2000	Host Pick-Up for Housing (LI clubs)	Front of Clubhouse
	2200	Curfew	Housing
Monday, July 24	0700-0845	Registration & Bagel Bar	Main Clubhouse
	0800-0915	Competitor & Instructor Lunch Assembly	Pavilion

	0915-0945	Competitor's Meeting	Flag Pole
	0945-1015	Instructors and Support Boat Meeting	Flag Pole
	1030	Harbor Start – C420's	Harbor
	1100	Harbor Start – Lasers & Radials	Beach
	1130	First Warning – C420's	On the Water
	1200	First Warning – Lasers & Radials	On the Water
	Between Races	Lunch	On the Water
	1800-1930	BBQ Dinner	Pavilion
	1830-2030	Entertainment	Pavilion
	2100	Host Pick-Up for Housing	Front of Clubhouse
	2200	Curfew	Housing
Tuesday, July 25	0730-0830	Continental Breakfast	Pavilion
	0800-0900	Competitor and Coach Lunch Assembly	Pavilion
	0900	Harbor Start – C420's	Harbor
	0930	Harbor Start – Lasers & Radials	Beach
	1000	First Warning – C420's	On the Water
	1030	First Warning – Lasers & Radials	On the Water
	Between Races	Lunch	On the Water
	1500	No Warning After this Time	On the Water
	Post Racing	Snacks and Raffle	Pavilion
	Approx. 1700	Awards	Main Clubhouse

5 MEASUREMENT, SAFETY, AND EQUIPMENT

- 5.1 All boats shall conform to their class rules and applicable JSA safety or measurement rules. Boats are subject to inspection by the organizing authority or the judges at any time during the events.
- 5.2 Each skipper shall present their self-check boat safety form at registration.
- 5.3 **Weight restrictions:** Some or all competitors in classes with minimum weight restrictions may be required to weigh in during the registration period.
- 5.4 **Personal Floatation Devices (PFDs):** In addition to the requirements of RRS 40 and its US Sailing Prescription, a condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard and JSA approved PFD, with a whistle attached and properly secured at all times while on the water or the dock in accordance with JSA rules. This instruction also applies to instructors. Failure to comply with JSA rules may result in disciplinary action being taken (see Section 14).

- 5.5 **Sail Numbers:** Sail numbers shall be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected by the Organizing Authority. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only.

6 SAILING INSTRUCTIONS

Preliminary Sailing Instructions may be available online at www.jsalis.org before the event. Final Sailing Instructions will be posted on the CPYC Mobile Regatta App which can be installed on most Android and iOS devices (competitors should search "CPYC" on the App Store or Google Play to download the App). A limited number of copies of printed Sailing Instructions will be available at Registration and are for INSTRUCTORS ONLY.

7 VENUE

The racing area will be on Long Island Sound waters, just southeast of the mouth of the Saugatuck River. Directions to Cedar Point Yacht Club can be found at www.cedarpointyc.org or www.jsalis.org.

8 COURSES

Courses to be sailed will be described in detail in the Sailing Instructions.

9 PENALTY SYSTEM AND PROTESTS

- 9.1 The penalty for breaches of the Rules for JSA Events will be at the discretion of the protest committee and may be less than or greater than DSQ for one or more races. . Please see JSA Rule 4.

10 SCORING

- 10.1 The Low Point Scoring System, Appendix A, will apply.
- 10.2 When fewer than 6 races have been completed, a boat's series score will be the total of her races scores. When 6 or more races have been completed, a boat's series score will be the total of her races scores excluding her worst score. DSQ's may not be excluded. This changes Rule A2 and 90.3 (b).
- 10.3 At least one race must be completed to constitute a series.

11 SUPPORT BOATS

- 11.1 Any club entering three or more boats shall supply a support boat equipped with a working VHF radio, an anchor, and a first aid kit. An instructor, coach, and/or other support personnel shall drive the support boat in accordance with JSA rules for JSA events 10.4(d and e) and shall register with the Organizing Authority at registration to receive safety patrol assignments.
- 11.2 Spectator and support boats shall stay well clear of the race course area while boats are racing and shall monitor the VHF radio for updates and directives coming from the race committee.
- 11.3 If a club is not sending a support boat (i.e., a club is sending fewer than three boats), arrangements shall be made with another club to allow the instructors supervising those sailors to go out on the water. In no circumstance will competitors be allowed to sail without a designated instructor on the water.

12 BOAT AND TRAILER STORAGE

- 12.1 All boats will be dry sailed.
- 12.2 Boats and/or trailers will be stored at the instruction of the Cedar Point Yacht Club staff. Storage of boats, including during rigging or de-rigging, on the paved roads used in ingress or egress to the Main Clubhouse will be subject to disciplinary action.

13 PRIZES

- 13.1 Prizes will be awarded to the top five finishers in each division.
- 13.2 Equal prizes will be awarded to skippers and crews.
- 13.3 A sportsmanship trophy may be awarded at the discretion of the race committee.

14 DISCIPLINE

- 14.1 All junior sailors and instructors are expected to behave in accordance with recognized principles of sportsmanship, good manners, and fair play. A junior sailor or instructor may be disciplined as per Rules for JSA Rule 4, the JSA Code of Conduct, RRS 64.4 or RRS 69 for violation of this Rule for actions that include, but are not limited to the following:
 - a. Swearing at, intimidating, or harassing anyone, including teammates, on or off the water.
 - b. Stealing or borrowing without permission anything that does not belong to them.
 - c. Possessing, consuming, or being under the influence of alcohol or controlled substances the possession of which is unlawful.
 - d. Failure to wear a properly fastened JSA-approved PFD at all times when on the water.
 - e. Failure to comply with curfew requirements or other conditions of the regatta.
- 14.2 An alleged breach of this requirement shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached the above requirement, it shall follow the process described in the JSA Code of Conduct.
- 14.3 If an instructor is asked to leave the race course, all competitors for whom that instructor is responsible shall leave the race course as well, unless satisfactory supervisory arrangements are made and approved by the Regatta Chairperson.

15 DISCLAIMER OF LIABILITY

- 15.1 Competitors participate in the regatta entirely at their own risk. See RRS 4. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 15.2 Sailing is an activity that has an inherent risk of damage and injury. The race organizers will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
- 15.3 As a condition of the participation of any boat in any race or related activity sponsored or undertaken by Cedar Point Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Responsibility for evaluating wind, sea, and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a PFD.

Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.

16 HOUSING, MEALS, AND LOCAL TRANSPORTATION

- 16.1 Housing will be provided for the nights of Sunday July 24 and Monday July 25 for all competitors and instructors from member programs on Long Island, NY, to the best of the ability of Cedar Point Yacht Club. CPYC reserves the right to alter the housing initiative at any time for any reason.
- 16.2 Assigned housing must be used. All housed competitors must be at their host's house by 2200 each night. Failure to use assigned housing or to meet the curfew may result in the competitor being protested as per Section 9.3 and 14 of this NOR.
- 16.3 Breakfast, lunch, and dinner will be provided per the schedule.
- 16.4 We encourage all sailors to bring their own refillable water bottles to this event. Drinking water filling stations will be set up for the sailors to use in an effort to limit the number of plastic water bottles consumed and discarded.
- 16.5 Local transportation will be provided by housing host if required.

17 FURTHER INFORMATION

The Notice of Race, Sailing Instructions, results, and other information will be available on the Cedar Point Yacht Club website at www.cedarpointyc.org and on the JSA website at www.jsalis.org.

For further information, contact:

CPYC Jr. Program Director Regatta Chair Mike Ances at jrsailingdirector@cedarpointyc.org
Regatta Chairs Steve Longo slongo@aol.com and Kera Connolly kconnoll@us.ibm.com .

Regatta information and much more will also be available using the CPYC Mobile Regatta App that can be installed on most Android and iOS devices by clicking on the appropriate icon below. or searching "CPYC" in your mobile app store.



18 TRANSPORTATION AND PARKING

- 18.1 All competitors and their support coaches and parents should be prepared to follow the instructions of volunteers and CPYC staff in the delivery and orientation of boats, trailers, and other equipment. Club facilities are limited and as boats must be dry sailed, use of the available dry stall space is carefully orchestrated in advance and requires everyone's cooperation.
- 18.2 **Trucks, trailers, and cars with boats on top: DO NOT CROSS THE WOODEN BRIDGE! Please follow the signage across the land bridge: right on Canal Road, left at end, 1st left (Spriteview), 1st right (Cross Way), left on Bluff Point. This is a detour of less than 200 yards!**

18.3 CPYC shares Bluff Point with a residential neighborhood populated by many young children and pedestrians. Please be mindful of the 15 mph speed limit, speed bumps, and stop signs on Saugatuck Island. The added seconds to your travel will be safer, ease the wear and tear on your gear, and do much to benefit our relationship with local residents.

JSA of LIS CODE OF CONDUCT

Introduction

Each competitor in a Junior Sailing Association of Long Island Sound (JSA) event hereby pledges that he or she agrees to uphold the spirit of this JSA Code of Conduct (Code). This Code is not intended to establish a set of rules that will, by inclusion or exclusion, prescribe the appropriate behavior for competitors in every aspect of their participation in a JSA event. Rather, the Code offers general principles to guide the conduct of competitors in situations that have ethical implications.

The competitor commits to familiarization with this Code and understands that acceptance of its provisions is a condition of participation in a JSA event. Competitors who do not conform to this Code will be subject to the consequences of their actions, as specified below. The competitor has a right to a hearing if charged with a violation of this Code.

Elements of the Code

Each competitor in a JSA event pledges they agree to abide by the Rules for JSA Events (JSA Rules) and Bylaws of JSA with regard to alleged incidences of misconduct, and abide by the US Sailing SafeSport Handbook. The event is defined as running from on-site registration to departure from the venue at the conclusion of the event.

Participation

- > Will abide by *The Racing Rules of Sailing (RRS)*, the US Sailing SafeSport Handbook, the JSA Rules and Bylaws, the Notice of Race and the Sailing Instructions for the JSA event.
- > Are eligible to compete under all JSA rules.

Fair Play and Conduct

- > Will abide by *RRS 2 and 69*, and the US Sailing SafeSport Handbook.

Drugs & Alcohol

- > Will abide by the US Sailing SafeSport Handbook.
- > For junior competitors in any JSA event, no competitor shall use or possess, either on or off the water:
 1. marijuana or any other substance if possession is illegal under state or federal law; or
 2. any alcoholic beverages.

Sexual Abuse & Harassment

- > Will abide by the US Sailing SafeSport Handbook.

Physical Abuse & Assault

- > Will abide by the US Sailing SafeSport Handbook.

Bullying & Hazing

- > Will abide by the US Sailing SafeSport Handbook.

Enforcement of the Code

> Compliance with this Code depends primarily upon understanding the Code and voluntary compliance, secondarily upon reinforcement by peers, and, when necessary, upon enforcement through disciplinary action as outlined by the *RRS*, the US Sailing SafeSport Handbook, and the JSA Regulations and Bylaws.

> If an incident is brought to the attention of the Organizing Authority, Host and/or the Protest Committee for the event alleging that a competitor has violated this Code, the Protest Committee shall protest the competitor and conduct a hearing that meets the requirements of Part 5, Section B of the *RRS*. The competitor has the right and option to voluntarily withdraw from the event rather than proceeding with a hearing. If the Protest Committee decides that the competitor has violated the Code and is not exonerated, it may

- (a) remove some or all of the competitor's event privileges or benefits,
- (b) disqualify the competitor's boat from the race or races sailed nearest in time to that of the incident, or
- (c) disqualify the competitor's boat from all races in the event and exclude the competitor from the event or venue. Further action may be determined by the Protest Committee if warranted including considering calling a hearing under *RRS 69.2(b)*.

Scoring

When a competitor withdraws from part of an event pursuant to the Code, the scores of all completed races shall stand for the purposes of

determining the seeding of subsequent rounds or stages in the event. However, that competitor's boat/team will no longer be eligible to compete in the event, shall be removed from the final event scores, and each boat/team with a worse finishing place in the event shall be moved up one place. The same scoring applies if a boat is disqualified from the remaining races in an event.