



**The 2017 Opti Rumble  
Pequot Yacht Club  
669 Harbor Road  
Southport, CT 06890  
July 15, 2017**

**NOTICE OF RACE**

**1 RULES**

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 The Rules for JSA of LIS (JSA) Events, JSA Code of Conduct and US Sailing [SafeSport Handbook](#) will apply.
- 1.3 The following RRS optional rules will apply:
  - a) Appendix V2, Penalty Taken After a Race, will apply.
- 1.4 Racing Rules of Sailing (RRS) listed below will be changed as follows. The sailing instructions may also change other rules.
  - a) Rule 64.4 (b) is changed to require a hearing before any action is taken.
  - b) Rule 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”

**2 ELIGIBILITY AND ENTRY**

- 2.1 This regatta is open to all boats of the Optimist class that meet JSA eligibility requirements. This event is open to Optimist sailors representing member programs in JSA Area C. Sailors from programs outside JSA Area C may enter if space permits, in which case entries will be accepted in order of date of receipt.
- 2.2 This event is a qualifying event for the 2017 JSA Optimist Championship.
- 2.3 If either the JSA weight or age requirement for the boat class is not met, the sailor shall file the JSA underage/underweight permission request form with the regatta entry package. This permission request is subject to acceptance by the regatta chair.

- 2.4 The entry package must be received by Pequot Yacht Club, 669 Harbor Road, Southport, CT 06890 no later than 5:00 pm on Tuesday, July 11, 2017. One check payable to Pequot Yacht Club, must be drawn per program to cover all fees.
- 2.5 The entry package consists of the Regatta Entry Summary for the club, with a completed JSA Standard Waiver and Medical Release Form for each competitor, and a single payment to cover all fees. The entry is not complete until all these elements have been received at the address above.

### **3 FEES**

- 3.1 The entry fee is \$65.00 per sailor. There is no fee to send an instructor.
- 3.2 Late entries and/or changes may be accepted at the discretion of the regatta chairperson. To inquire about registering after the date listed above, contact the regatta chairperson. Please do not send late entries or changes without permission from the regatta chairperson as they may not be accepted. The entry fee for late entries is \$10. per sailor.

### **4 SCHEDULE**

- 4.1 Registration: All skippers, crews, and instructors shall appear in person at the registration table during the registration period. Instructors shall also attend the instructors' meeting to receive safety assignments.
- 4.2 Competitors will be assigned to groups according to their age on the day of the regatta as follows:  
White Fleet age group 10 and under  
Blue Fleet age group 11 and 12  
Red Fleet age group 13, 14, and 15  
These age groups may race together or separately, as described in the Sailing Instructions. The race committee will supply colored streamers to be displayed by each boat if the groups race separately.
- 4.3 The schedule of events is as follows:  
Registration/Safety check 0730 to 0900  
Coaches' Meeting 0915  
Competitors' Meeting 0930  
Harbor Start 0945  
First Warning Signal 1030  
Awards to be presented as soon as possible after the first race.
- 4.4 No warning signal will be made after 3:00 pm on Saturday, July 15, 2017.

### **5 MEASUREMENT, SAFETY AND EQUIPMENT**

- 5.1 Each competitor and instructor/coach shall wear a US Coast Guard approved personal flotation device (PFD) while on the water in accordance with JSA Rule 2.1
- 5.2 Each skipper shall present their self-check boat safety form at registration.
- 5.3 Sail numbers must be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected by the organizing authority. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only.

## **6 SAILING INSTRUCTIONS**

Preliminary sailing instructions may be available on line at [www.pequotyc.com](http://www.pequotyc.com) before the event. Final sailing instructions will be available at the on-site registration/check-in desk.

## **7 VENUE**

The racing area will be Long Island Sound in the vicinity of Southport Harbor. Directions to the host club may be found at [www.pequotyc.com](http://www.pequotyc.com).

## **8 THE COURSES**

The courses to be sailed will be described in the sailing instructions.

## **9 PENALTY SYSTEM AND PROTESTS**

- 9.1 The penalty for breaches of the Rules for JSA Events will be at the discretion of the protest committee and may be less than or greater than DSQ for one or more races. Please see JSA Rule 4.

## **10 SCORING**

- 10.1 The race committee will run as many races as reasonably possible. At least one race must be completed to constitute a series.
- 10.2 When fewer than 6 races have been completed, a boat's series score will be the total of her race scores. When 6 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## **11 SUPPORT VESSELS**

- 11.1 Any program entering three or more boats shall supply a support vessel equipped with a working VHF radio, an anchor and a first aid kit. An instructor, coach and/or other support personnel shall drive the support vessel in accordance with JSA Rule 4 and shall register with the organizing authority at registration to receive safety patrol assignments.
- 11.2 Spectator and support vessels shall stay well clear of the race course area while boats are racing and shall monitor the VHF radio for updates and directives coming from the race committee.
- 11.3 If a program is not sending a support vessel (e.g., a program is sending fewer than three boats), arrangements shall be made with another program to allow the instructor supervising those sailors to go out on the water. In no circumstances will competitors be allowed to sail without a designated instructor on the race course.

## **12 PRIZES**

- 12.1 Prizes will be awarded to the top 10 finishers in the White and Blue fleets. The Red fleet will have prizes for the top 5 finishers.
- 12.2 A sportsmanship trophy may be awarded at the discretion of the race committee.

## **13 PERSONAL CONDUCT**

- 13.1 All junior sailors, instructors and support persons are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. A junior sailor, instructor or support person may be disciplined as per JSA Rule 4, the JSA Code of Conduct, RRS 64.4 or RRS 69 for violation of this Rule. An alleged breach of this requirement shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached the above requirement, it shall follow the process described in the JSA Code of Conduct.

13.2 If an instructor is asked to leave a race course, all junior sailors for whom that instructor is responsible shall leave the race course as well unless other satisfactory supervisory arrangements are made.

## 14 DISCLAIMER OF LIABILITY

14.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## 15 FOOD AND DRINK

15.1 Each sailor is responsible for his/her own lunch. Water will be provided, and refreshments will be served ashore after the last race.

## 16 FURTHER INFORMATION

This Notice of Race, the Sailing Instructions, results and other information will be available on the Pequot Yacht Club web site at [www.pequotyc.com](http://www.pequotyc.com).

Regatta Chairperson: Lisa Canada [licanada01@yahoo.com](mailto:licanada01@yahoo.com)

Principal Race Officer: Christopher Rosow [Christopher.rosow@gmail.com](mailto:Christopher.rosow@gmail.com)

Pequot Yacht Club 669 Harbor Road Southport, CT 06890

### JSA of LIS CODE OF CONDUCT

#### Introduction

Each competitor in a Junior Sailing Association of Long Island Sound (JSA) event hereby pledges that he or she agrees to uphold the spirit of this JSA Code of Conduct (Code). This Code is not intended to establish a set of rules that will, by inclusion or exclusion, prescribe the appropriate behavior for competitors in every aspect of their participation in a JSA event. Rather, the Code offers general principles to guide the conduct of competitors in situations that have ethical implications.

The competitor commits to familiarization with this Code and understands that acceptance of its provisions is a condition of participation in a JSA event. Competitors who do not conform to this Code will be subject to the consequences of their actions, as specified below. The competitor has a right to a hearing if charged with a violation of this Code.

#### Elements of the Code

Each competitor in a JSA event pledges they agree to abide by the Rules for JSA Events (JSA Rules) and Bylaws of JSA with regard to alleged incidences of misconduct, and a *bi de* by the US Sailing SafeSport Handbook. The event is defined as running from on-site registration to departure from the venue at the conclusion of the event.

#### Participation

> Will abide by *The Racing Rules of Sailing (RRS)*, the US Sailing SafeSport Handbook, the JSA Rules and Bylaws, the Notice of Race and the Sailing Instructions for the JSA event.  
> Are eligible to compete under all JSA rules.

#### Fair Play and Conduct

> Will abide by *RRS 2* and 69, and the US Sailing SafeSport Handbook.

#### Drugs & Alcohol

> Will abide by the US Sailing SafeSport Handbook.

> For junior competitors in any JSA event, no competitor shall use or possess, either on or off the water:  
1. marijuana or any other substance if possession is illegal under state or federal law; or  
2. any alcoholic beverages.

#### Sexual Abuse & Harassment

> Will abide by the US Sailing SafeSport Handbook.

#### Physical Abuse & Assault

> Will abide by the US Sailing SafeSport Handbook.

#### Bullying & Hazing

> Will abide by the US Sailing SafeSport Handbook.

#### Enforcement of the Code

> Compliance with this Code depends primarily upon understanding the Code and voluntary compliance, secondarily upon reinforcement by peers, and, when necessary, upon enforcement through disciplinary action as outlined by the *RRS*, the US Sailing SafeSport Handbook, and the JSA Regulations and Bylaws.

> If an incident is brought to the attention of the Organizing Authority, Host and/or the Protest Committee for the event alleging that a competitor has violated this Code, the Protest Committee shall protest the competitor and conduct a hearing that meets the requirements of Part 5, Section B of the *RRS*. The competitor has the right and option to voluntarily withdraw from the event rather than proceeding with a hearing. If the Protest Committee decides that the competitor has violated the Code and is not exonerated, it may  
(a) remove some or all of the competitor's event privileges or benefits,  
(b) disqualify the competitor's boat from the race or races sailed nearest in time to that of the incident, or

(c) disqualify the competitor's boat from all races in the event and exclude the competitor from the event or venue. Further action may be determined by the Protest Committee if warranted including considering calling a hearing under *RRS 69.2(b)*.

**Scoring**

When a competitor withdraws from part of an event pursuant to the Code, the scores of all completed races shall stand for the purposes of determining the seeding of subsequent rounds or stages in the event. However, that competitor's boat/team will no longer be eligible to compete in the event, shall be removed from the final event scores, and each boat/team with a worse finishing place in the event shall be moved up one place. The same scoring applies if a boat is disqualified from the remaining races in an event.