

**The Belle Haven Club Optimist Regatta
August 8, 2016
The Belle Haven Club
100 Harbor Drive Greenwich, CT 06830**

NOTICE OF RACE

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current version of The Racing Rules of Sailing.
- 1.2 The 2016 Rules for JSA of LIS (JSA) Events will apply.
- 1.3 Racing Rules listed below will be changed as indicated. The changes will appear in full in the sailing instructions. The sailing instructions may also change other rules.
 - a. Rule 61 will be changed to require that immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the race committee finish boat of its intention to protest another boat and (if possible) provide the sail number of the protested boat.
 - b. Rule 60.3 will be changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes a competitor may have committed a breach of sportsmanship or the Rules for JSA Events.
 - c. Rule 63 will be amended to add: "63.9 The JSA Arbitration Procedure (as described in Appendix C of the 2014 Rules for JSA Events) shall apply to protests involving Part 2 rules."
 - d. Rule 63.7 will be replaced with: "If there is any conflict between the sailing instructions and this notice of race, the sailing instructions shall apply."

2 ELIGIBILITY AND ENTRY

- 2.1 All competitors shall comply with the eligibility rules of JSA and are required to be members of the United States Optimist Dinghy Association (USODA).
- 2.2 This event is open to Optimist sailors representing member programs in JSA Area B. Sailors from programs outside JSA Area B may enter if space permits, in which case entries will be accepted in order of date of receipt.
- 2.3 All participants shall be certified as competent for this event by either the head instructor or the program head of their member program. Competency is defined by the JSA as follows: Each entrant is able to sail his/her Optimist to windward and to leeward in a variety of wind conditions, is able to right the boat after a capsize, and has previously sailed a race course.
- 2.4 This event is a qualifying event for the 2016 JSA Optimist Championship (for Area B participants only).
- 2.5 Entries for this regatta will be accepted via the JSA database registration facility no later than **5:00 p.m. Thursday, August 4, 2016**. One check payable to The Belle Haven Club must be drawn per club to cover all fees and it must be received at the front desk of The Belle Haven Club, 100 Harbor Drive Greenwich, CT 06830 by the due date. Competitors will not be allowed to sail if payment has not been received.

- 2.6 The entry package consists of the entry form, a completed JSA Standard Waiver and Medical Release Form for each competitor, and a single payment to cover all fees. The entry is not complete until all these elements have been received at the address above.
- 2.7 The entry forms and waivers can be submitted via the JSA online regatta registration capability. Please have your club administrator locate this regatta via the regattas tab in the JSA online database and follow the directions there. A check for regatta fees is still required and must be received as directed by 2.5.

3 FEES

- 3.1 The entry fee is \$65 per sailor.
- 3.2 Late entries and/or changes may be accepted at the discretion of the regatta committee. To inquire about registering after the date listed above, contact Simon Bresler, Head Instructor, at SBreslerBHC@gmail.com or at 203-553-9234. Please do not send late entries or changes without permission. The entry fee for late entries is \$85 per sailor.

4 SCHEDULE AND REGATTA FORMAT

- 4.1 **Registration:** All competitors and instructors/coaches shall appear in person at the registration table during the registration period. Instructors shall also attend the instructors’ meeting to receive safety assignments.
- 4.2 Competitors will be assigned to fleets according to their age on the day of the regatta as follows:

- White Fleet 10 and under
- Blue Fleet 11 and 12
- Red Fleet 13, 14, and 15

These fleets may race together or separately.

The race committee will supply colored streamers to be displayed by each boat.

- 4.3 The schedule of events is as follows:

Day	Date	Time	Activity	Location
Monday	8/8/16	08:00-9:30	Registration and equipment check	Belle Haven Beach
Monday	8/8/16	09:15	Instructors Meeting	Pool Deck
Monday	8/8/16	09:30	Competitors Meeting	Belle Haven Beach
Monday	8/8/16	10:15	Harbor Start	
Monday	8/8/16	11:00	First Warning Signal	
Monday	8/8/16		Lunch	On the water
Monday	8/8/16	After racing	Dinner & Presentation of awards	Belle Haven Beach

- 4.4 No first warning signal will be made after 15:00 on August 8, 2016.

5 MEASUREMENT, SAFETY AND EQUIPMENT

- 5.1 All boats shall conform to their class rules and with the JSA Optimist Inspection Checklist (Appendix A of the 2016 Rules for JSA Events). Boats are subject to inspection by the organizing authority or the judges at any time during the event.
- 5.2 **Personal Floatation Devices (PFDs):** In addition to the requirements of rule 40 and its U.S. Prescription, a condition of entry and participation in this regatta sailors shall wear a personal floatation device (PFD) approved by the U.S. Coast Guard that is 100% dependent on foam for floatation and the appropriate size for the wearer with whistle attached and properly secured at all times (except for brief periods to adjust clothing) while on the water or on the dock in accordance with Rules for JSA Events. This instruction also applies to all instructors. Failure to comply with JSA rules can result in disciplinary action being taken (see Section 14).
- 5.3 **Bow line and whistle:** Each boat shall have a secure loop in the end its bow line, and each sailor shall have a whistle secured to his/her personal floatation device.
- 5.4 **Sail numbers:** Sail numbers must be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected by the Organizing Authority. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only.

6 SAILING INSTRUCTIONS

Preliminary sailing instructions may be available on line at JSA website before the event. Final sailing instructions will be available at the on-site registration/check-in desk.

7 VENUE

The racing area will be the waters of Greenwich Harbor. Directions to the host club can be found at www.jsalis.org.

8 THE COURSES

The courses to be sailed will be either a triangle or a trapezoid with the start and finish in the middle of the windward leg.

9 PENALTY SYSTEM AND PROTESTS

- 9.1 The penalty for breaches of the Rules for JSA Events will be at the discretion of the protest committee and may be less than or greater than DSQ for one or more races. Please see Rules for JSA Events 11.

10 SCORING

- 10.1 Six (6) races are scheduled. One race is required to be completed to constitute a series.
- 10.2 **When fewer than four (4) races have been completed, a boat's series score will be the total of her race scores. When between four (4) and six (6) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.**

11 SUPPORT BOATS

- 11.1 Any club entering three or more boats shall supply a support boat equipped with a working VHF radio, an anchor and a first aid kit. An instructor, coach and/or other support personnel shall drive the support boat in accordance with Rules for JSA Events 10.4 (d) and (e) and shall register with the organizing authority at registration to receive safety patrol assignments.
- 11.2 Spectator and support boats shall stay well clear of the race course area while boats are racing and shall monitor the VHF radio for updates and directives coming from the race committee. Non-

compliance will jeopardize the scores of those boats sailing for that club. **No coaching during a race.**

- 11.3 If a club is not sending a support boat (i.e., a club is sending fewer than three boats), arrangements shall be made with another club to allow the instructor supervising those sailors to go out on the water. In no circumstances will competitors be allowed to sail without a designated instructor on the race course.

12 BOAT AND TRAILER STORAGE

- 12.1 It is recommended that all boats be dry-sailed. However, boats being wet sailed need to check with the Harbor Master on docking arrangements on the day of the event.
- 12.2 Boats, dollies, and/or trailers will be stored along the seawall between the main clubhouse and the beach.

13 PRIZES

- 13.1 Prizes will be awarded to the top five (5) finishers in the White and Blue fleets and to the **top three (3) finishers in the Red fleet.**
- 13.2 A sportsmanship trophy may be awarded at the discretion of the race committee.

14 DISCIPLINE

- 14.1 All junior sailors and instructors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. A junior sailor or instructor may be disciplined as per Rules for JSA Events 11.2 for actions that include, but are not limited to, the following:
- a. swearing at, intimidating or harassing anyone, including teammates, on or off the water; or
 - b. stealing or borrowing without permission, anything that does not belong to them; or
 - c. possessing, consuming or being under the influence of alcohol, or controlled substances the possession of which is unlawful.
 - d. failure to wear a properly fastened PFD
 - e. failure to comply with curfew requirements or other conditions of the regatta
- 14.2 Please note that if an instructor is asked to leave a race course, all juniors for whom that instructor is responsible shall leave the race course as well unless other satisfactory supervisory arrangements are made.

15 DISCLAIMER OF LIABILITY

- 15.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 15.2 Sailing is an activity that has an inherent risk of damage and injury. The race organizers (organizing authority, race committee, protest committee, host club, or any other organization (including the JSA or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

