



SEA CLIFF YACHT CLUB

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WEDNESDAY - July 9, 2008 **WESTERN DISTRICT REGATTA**

Sailing Instructions

1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2005-2008 and the 2008 Rules for JSA Events.

2 Notices to Competitors

2.1 Notices will be posted on the official regatta notice board located in the Clubhouse.

2.2 Any change to the sailing instructions will be posted no fewer than 30 minutes before the harbor start on the day the changes take effect.

3 Signals Made Ashore

3.1 Signals made ashore will be displayed from main flagpole.

3.2 The harbor start will be signaled at 1050 in the vicinity of the Sea Cliff Yacht Club main dock with one sound signal. Postponement or abandonment may be signaled instead of harbor start.

4 Schedule

4.1 Three (3) races are scheduled. At least one race must be completed to constitute a series.

4.2 The racing schedule is as follows:

Registration: Must be received by 6:00 PM— THURSDAY, JULY 3, 2008 at the Club office.

Instructors Meeting: Mandatory meeting in the Clubhouse at 10:00 A.M., JULY 9, 2008.

On the day of the Regatta all instructors are required to certify to the Race Committee that entrant sail numbers are accurately registered. All instructors must confirm their advance registrations at the mandatory onshore Instructors Meeting to be held in the Clubhouse at 10:00 A.M.

Contestants Meeting: None

Harbor Start: 10:50 A.M.

First Warning Signal: 11:50 A.M.

Lunch: Whenever there is a chance between races. Lunch will not be provided.

Awards: Presentation of Awards in the Clubhouse will be following the completion of scoring.

5 Class Flags

The class flags will be:

C420s	Numeral 1	White pennant with red dot
Lasers	Numeral 2	Blue pennant with white dot
Laser Radials	Numeral 3	Red, white and blue pennant
Laser 4.7	Numeral 6	
Pixel	Numeral 4	Red pennant with white cross
Blue Jay	Numeral 5	Yellow and Blue pennant

6 Racing Area

The racing area will be on Long Island Sound near the mouth of and in Hempstead Harbor. There will be **TWO** race courses. The Blue Race Committee Course will be for the Laser Radial, Pixel and Blue Jay divisions. The Red Race Committee Course will be for the 420, Laser and Laser 4.7 divisions.

7 Safety

7.1 All boats must conform to their class rules and any applicable JSA safety or measurement rules, and are subject to inspection.

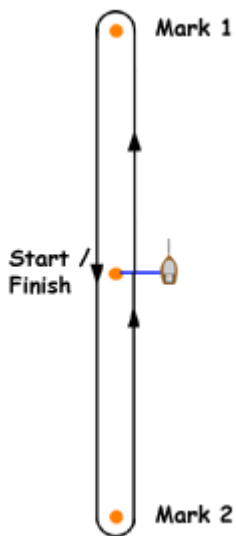
7.2 Before the first warning signal for each day, all competitors shall check in with the race committee by sailing on starboard tack or towing past the stern of the anchored committee boat and hailing their sail number until acknowledged by a committee member. Infractions of this instruction may be protested by the race committee only.

7.3 A boat that retires from a race shall notify a race committee boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore. **CLUBS LEAVING FOR THE DAY ARE TO NOTIFY THE RACE COMMITTEE.**

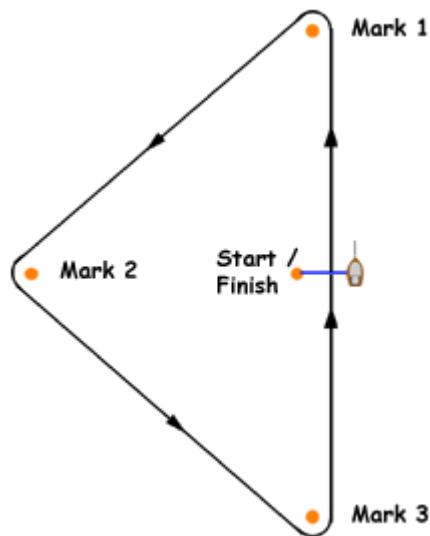
8 The Courses

8.1 The diagrams with the identifying letters below show the courses, including the approximate angle between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

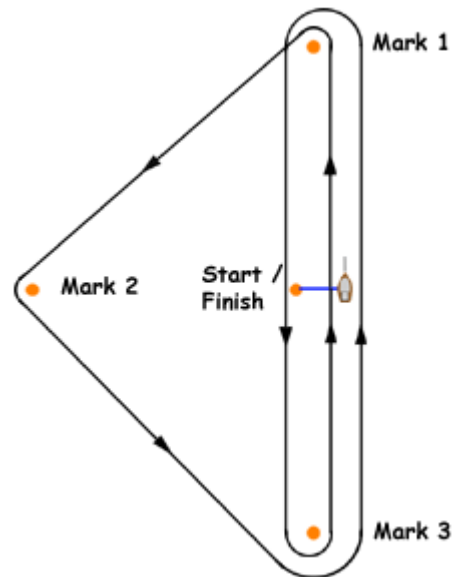
Course W



Course T



Course M



- Course W Modified Windward / leeward – with start and finish in middle of leg.
- Course T Modified Triangle with start and finish in the middle of the windward leg.
- Course M Modified Gold Cup – Triangle followed by windward, leeward, windward with the start and finish in middle of the windward leg.

8.2 The identifying letter of the course selected will be displayed from the race committee signal boat before or with the warning signal for each class.

8.3 The number "2" displayed next to or beneath the course letter means twice around.

- 8.4 Competitors shall not cross the starting or finishing lines while they are on a leeward leg of Course W or Course M.

9 Marks

- 9.1 On the Blue Race Committee Course (Laser Radials, Pixel and Blue Jay) Marks 1, 2 and 3 will be yellow triangular marks. On the Red Race Committee Course (C420, Lasers and Laser 4.7) Marks 1, 2 and 4 will be orange triangular marks.
- 9.2 New marks, as provided in instruction 12, Change of Position of the Next Mark, will be round orange marks.
- 9.3 The Starting and Finishing marks will be an orange buoy with a staff.

10 The Start

- 10.1 Races will be started using rule 26 as follows:

<u>Signal</u>	<u>Flag and sound</u>	<u>Minutes before start</u>
Warning	Class flag; 1 sound	5
Preparatory	P, I, Z, Z and I, or black flag; 1 sound	4
One-minute	Preparatory flag removed; 1 long sound	1
Start	Class flag removed; 1 sound	0

- 10.2 A series of short sounds will be used to call attention just before each warning signal.
- 10.3 Classes will start in the order shown in SI 5. After the start of the preceding class, the race committee will begin a new starting sequence as described above.
- 10.4 A boat shall start within four minutes of her starting signal.
- 10.5 The starting line will be between a staff displaying a white or orange flag on the race committee signal boat and the starting mark or a staff displaying an orange flag on a race committee boat at the leeward end.
- 10.6 Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made.
- 10.7 Races 2 and 3 will start immediately after the completion of the preceding race.

11 Recalls

- 11.1 When an individual recall is signaled, the race committee will attempt to hail the sail number(s) of the boat(s) that are over early. When the Round-an-End Rule is in effect, the race committee may hail sail numbers during the minute before the start.
- 11.2 The race committee procedure for hailing boats that were OCS shall not be grounds for redress.
- 11.3 After a general recall, the warning signal for the recalled class will be made one minute after the general recall signal (flag First Substitute) is lowered.

12 Change of Position of the Next Mark

To change the position of the next mark, the race committee will lay a new mark and remove the original mark as soon as practicable. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

13 The Finish

The finishing line will be between a staff displaying a white or orange flag on a race committee boat and the finishing mark or nearby mark.

14 Time Limits

- 14.1 The time limit for the first boat to finish in each class shall be 75 minutes.
- 14.2 Boats that do not finish within 20 minutes of the first boat in their division will be scored "TLE." They shall receive the number of points that is half way between the number of boats that started that race and the number of boats that finished it. (This changes rules 35 and A4.2.)
- 14.3 If a boat in last place in a race is delaying the next start, the Race Committee may order the race terminated and score the boat TLE.

15 Protests

- 15.1 Upon finishing each race, a boat intending to protest shall immediately, without consultation with instructors or spectators, notify the race committee of her intent to protest and, if possible, the sail number of the protested boat. (This adds to rule 61.1)
- 15.2 Protests shall be written on forms available at the Registration Desk and delivered to the Registration desk within 45 minutes after the race committee boat docks.
- 15.3 The JSA Arbitration Procedure (as described in Appendix C of the 2005 Rules for JSA Events) shall apply to protests involving Part 2 rules. (This changes Rule 63.)
- 15.4 Protests under sailing instructions 3.3, 7.2, 8.5, 10.6 and 14 may be made only by the race committee.

16 Scoring

The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, shall apply except that a boat's series score shall be the sum of her scores for all races.

17 Discipline

All junior sailors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. The regatta organizer or protest committee may discipline and/or penalize a junior sailor for actions that include, but are not limited to, the following:

- a) swearing at, intimidating or harassing anyone, including teammates, on or off the water; or
- b) stealing or borrowing, without permission, anything that does not belong to them; or
- c) possessing, consuming or being under the influence of alcohol or illegal drugs.

18 SPECTATORS AND SUPPORT CRAFT

Any club entering three (3) or more boats shall supply a support craft equipped with a VHF radio. The adult who shall be driving the support craft will check with the Race Committee about safety patrol assignments and responsibilities. Spectator boats will stay clear of the race area at all times

19 Prizes

Prizes will be awarded to the helmsperson and crew. Division prizes will be First place, 2 or more boats; Second place, 5 or more boats; Third place, 10 or more boats; 1 additional place for each additional 10 boats in the Division.

20 Responsibility for Safety

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Sea Cliff Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Sea Cliff Yacht Club and the JSA of LIS and each of their officers, governors, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant