

*SHELTER ISLAND OPTIMIST OPEN REGATTA
SHELTER ISLAND YACHT CLUB
12 CHEQUIT AVENUE, SHELTER ISLAND HEIGHTS, NY 11965
July 8, 2008*

Sailing Instructions

1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2005-2008, the rules of the U. S. Optimist Dinghy Association (USODA), and the Rules for JSA Events.

2 Notices to Competitors

Notices will be posted on the official regatta notice board located near the registration table.

Any change to the sailing instructions will be posted no fewer than 30 minutes before the harbor start.

3 Signals Made Ashore

Signals made ashore will be displayed from the club flagpole. The harbor start will be signaled by a single sound. No boat shall go beyond North Pier until the harbor start has been signaled.

If flag AP is displayed with 2 sound signals, the first race of the day is postponed. The end of such postponement will be signaled by a lowering of flag AP and one sound. The warning signal for the first race of the day will be made not less than 60 minutes thereafter.

If flag L is displayed with one signal sound, a notice to competitors has been posted to the official regatta notice board.

4 Schedule

4.1 The race committee will run as many races as is reasonably possible. At least one race must be completed to have a series.

4.2 The racing schedule is as follows:

Registration	0800-1000	<i>Main clubhouse</i>
Instructor/Safety Boat Meeting	1015	<i>Junior Yacht Club</i>
Skippers' Meeting	1030	<i>Front lawn</i>
Lunch on land	1100	<i>Front lawn</i>
Harbor Start	1130	<i>North Pier</i>

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4.3 No warning signal will be made after 1630.

5 Class Flags

The class flags will be a red flag for the Red Fleet; a blue flag for the Blue Fleet; and a white flag for the White Fleet. Boats shall display a streamer of the appropriate color from the top of their sprit pole while racing.

6 Racing Area

The racing area will be in the waters around Shelter Island. The exact location of the racing area will be announced at the skipper's meeting. All participants will be towed to that race area.

7 Safety

- 7.1 Each boat must comply with the USODA rules and with the 2004 JSA Optimist Inspection Checklist (Appendix A of the 2004 Rules for JSA Events). An inspection of some or all boats may be carried out at any time.
- 7.2 Before the first warning signal of the day, all competitors shall check in by being towed through a gate set up by the Safety Boats in Dering Harbor, the location of which will be confirmed at the skipper's meeting and posted on the Notice Board.
- 7.3 A boat that does not finish a race shall notify a race committee boat before leaving the race area. If this is impossible, the competitor shall notify a regatta representative immediately after arriving ashore.

8 The Course

The course shall be a modified triangle (Course 1) or modified trapezoid (Course 2) as shown below. All rounding marks shall be left to port. Before the warning signal of each race, the course to be run will be signaled by numeral flag #1 (modified triangle) or #2 (modified trapezoid).

- 8.1 Other courses may be used at the discretion of the Race Committee if necessary.

9 Marks

- 9.1 Marks 1, 2 and 3 will be orange tetrahedrons
- 9.2 The starting mark will be an orange ball or boat.
- 9.3 The finish mark will be an orange ball or boat.

10 The Start

- 10.1 Races will be started by using the following signals. Times shall be taken from the visual signals: the absence of a sound signal shall be disregarded.

<u>Signal</u>	<u>Time</u>	<u>Sound</u>	<u>Visual</u>
Warning	5 minutes	1 blast	Class flag(s) hoisted Red, Blue and/or White
Preparatory	4 minutes	1 blast	P, I, Z, Z with I
One-Minute	1 minute	1 long blast	Preparatory flag removed
Start	0	1 blast	Class flag(s) lowered

- 10.2 A series of short sounds will be made before each warning signal.
- 10.3 At the warning signal, a colored flag(s) will be flown from the race committee boat signifying the next division(s) to start (i.e. Red, Blue and/or White).
- 10.4 Each of the fleets (Red, Blue, White) may be raced in combinations or separately.
- 10.5 The starting line will be between an orange flag on the race committee boat and the starting mark or boat on the port side of the race committee boat.
- 10.6 Additional races will start very soon after each fleet completes its preceding race.
- 10.7 An orange buoy may be placed in the middle of the starting line for reference only
This buoy is not part of the course.

11 Recalls

- 11.1 Individual recalls will be signaled by Flag “X” and one sound signal. The race committee will attempt to hail the sail numbers of boats that are over early.
- 11.2 A general recall will be signaled by flag “First Substitute” and two sound signals. After a general recall, the warning sequence will begin one minute after the lowering of flag “First Substitute.”
- 11.3 The Round-an-End Rule is in effect when Flag “I” is displayed with the preparatory (five minute) signal. The I flag will be lowered at one minute and the race committee may begin hailing sail numbers then.

12 The Finish

The finishing line will be in a separate area from the starting line and will be between an orange staff/flag on the finish boat and an orange mark/or boat on the port side of the finish boat. Finish boat(s) on station will fly a blue flag.

13 Penalty System

The Two-Turns Penalty is in effect for all races.

14 Time Limit

Any race in which the leading boat has not rounded the first mark within 30 minutes of the start will be abandoned. If no boat finishes a race within 90 minutes, that race shall be abandoned. If one boat finishes within the applicable time limit the race shall stand.

15 Protests

- 15.1 Upon finishing each race, a boat intending to protest shall immediately, without consultation with instructors or spectators, notify the race committee of their intent to protest and, if possible, the sail number of the protested boat. (This adds to rule 61.1)
- 15.2 A protesting boat does not need to file a written protest. (This changes rule 61.2.)
- 15.3 The JSA Arbitration Procedure (as described in Appendix C of the 2004 Rules for JSA Events) shall be used for hearing protests. (This changes Rule 63.)
- 15.4 Protests under sailing instructions 3, 5, 7.2 and 13 may be made only by the race committee.

16 Scoring

The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will apply, except that a boat's series score shall be the sum of her scores for all races. There will be no throw out.

17 Prizes

Prizes will be awarded to the top 5 finishers in the White, Blue and Red Fleets. A sportsmanship trophy may be awarded at the discretion of the race committee.

18 Responsibility for Safety

As a condition of participation of any boat in any race or related activity sponsored or undertaken by the *Shelter Island Yacht Club*, the owner and the helmsperson of each boat agree that the safety of the boat and the helmsperson and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she or any heir, representative, successor or assignee, may have against the *Shelter Island Yacht Club* and the JSA of LIS, and their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat including safety equipment and rigging and wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.